



MCON e-news letter

Volume 1/January 2017

Issue
1

Editorial board

Dr Anice George
Dean
Manipal College of Nursing
Manipal.

Mrs Leena Sequira
Assistant Professor
Manipal College of Nursing
Manipal.

Mrs Janet Prameela D'Souza
Assistant Professor
Manipal College of Nursing
Manipal.

Mrs Radhika R Pai
Assistant Professor
Manipal College of Nursing
Manipal.

Mrs Anjali K G
Lecturer
Manipal College of Nursing
Manipal.

Issue coordinator
Mrs Anjali K G

Think beyond role

Unlearning the learned things for better prospect of the students, thinking beyond the role of a teacher, considering all domains of learning of the students and accepting the new roles by a teacher at all times are the main aspects in new teaching learning process. Corner stone in teaching the students of this advanced world is continuous updating of knowledge and skill. Faculty of Manipal College of Nursing accepted this responsibility and had undergone faculty development program from 26th to 28th July 2016. Sessions were on Meta analysis, Meta synthesis, Qualitative data analysis and Data extraction. Training on Basic Life Support was also done for the faculty to equip them to meet emergency life support situations.



“Azadi-70- Zara Yaad Karo Kurbani”

As India is celebrating its 70th year of independency, younger generation is in need of re-instillation of the spirit of nationality and freedom movement. In the current context, emerging threat of terrorism add on to this need to rear the young minds with a social responsibility. Patriotic songs created new meaning to the freedom struggles and instilled feeling of oneness among the Indians in pre independence period. They continued to flush in the patriotism among Indians of various generations. By identifying this, Student Nurses Association of Manipal College of Nursing conducted a Patriotic song competition during Independence Day Celebration-2016. Students actively participated in patriotic song competition and painting completion on the theme “Freedom”. To pay respect to all freedom fighters , National Anthem was recited together by more than 500 students and 60 faculty, on 23rd August 2016 at 11am. By following the legacy, Manipal College of Nursing Manipal Bagged First place in Best Contingent Award for March Past. By setting example, young nurses rendered their social responsibility in serving the needy by spending time with people living in Baliga Slum Area. Under the guidance of teachers Mrs Savitha, Mrs Shalini G Nayak, Mrs Anasuya Prabhu and Mrs Charlet, student nurses conducted health education on Personal and environmental hygiene for 25 families living in slum. Activities of students were well appreciated by the residents of Baliga slum, Udupi.



Curriculum Convention: A revelation of change

Curriculum is a wind that is something you cannot see but you can experience it, as expressed by Dr K Ramnarayan in his presidential inaugural address of Curriculum Convention 2016 organized by Manipal College of Nursing. Nursing in its complex phenomenal change in the current arena require a convention of this sort to bring about stakeholders thoughts and experiences to the limelight of change for quality in nursing education and service.



Curriculum Convention in nursing was organized for the second time at Manipal College of Nursing, Manipal University on 12th September 2016. The day long event began with a brain storming session framed into 8 groups randomly selected from all levels on the two themes - Speculation Curriculum and Contemporary Curriculum for the P.B.B.Sc and M.Sc. Nursing curriculum. Strengths, weaknesses and hidden curriculum points are identified in each group and presented before the audience. Curriculum Convention was well appreciated by the parents and other stake holders.



Curriculum innovation can happen through obvious observations of the intended learning and also through unintended learning. Teachers need to create a formal forum to discuss and look back for a better generation next. Learning in laughter, fun and gazing constantly on the running curriculum should focus on meaningful outcome.



Disaster: Be Prepared To Act

An unpredictable event which disrupts the equilibrium is a disaster. Preparation phase reduces the impact of every disaster even though disasters can not be prevented. First aid and mobilization of victims to safer area is the initial activity in disaster management. Manipal College of Nursing in coordination with Bharat Scouts & Guides organized a disaster management training to the rangers and rovers. Around 200 students from various parts of Karnataka participated in it. Mrs Melita Sheilini, Mr Anil Raj & Mr Vinish V from Manipal College of Nursing gave a skill based training on various topics of disaster management. Sessions on first aid for snake bite, poisoning, eye injuries and dog bite were taken during this training.



MCON in its full threshold...

Manipal College of Nursing had its annual cultural competitions Imprintz, and Sports Day on 25th & 26th November 2016. Education should focus on all-round development of the individual, expressed by Dr Poornima Baliga, Dean, KMC in her inaugural address of Imprintz. She also emphasized the need for regular recreational and cultural activities to maintain good quality in this stressful world. Various competitions such as mime, group dance, mad add & prestigious events Mr & Ms MCON were held on 25th November. Mr Joe James & Ms Ansu Francis won Mr & Ms MCON titles respectively.



Sports events were conducted on 26th November 2016 at MIT Ground. Dr Radhakrishna S Aithal, Director, ICAS, Manipal, the Chief Guest for the inaugural function said in his address that students should make best use of the facilities provided by the University. Students actively participated in various events and individual championship for men was bagged by Mr Gautham Kumar, 3rd year BSc Nursing. The Best Outgoing Sports Man was awarded to Mr Jeffin Thomas, 2nd year MSc Nursing. Ms Pallavi 2nd year PBBSc Nursing bagged the individual championship for women. The Best Outgoing Sports Woman title was bagged by Ms Josvita, 2nd year MSc Nursing and Ms Pallavi, 2nd year PBBSc Nursing.

Events

- ∞ Breast feeding Week -1st to 7th August 2016
- ∞ Independence Day - 15th August 2016
- ∞ Teachers Day - 9th September 2016
- ∞ Suicide Prevention Day -10th September 2016
- ∞ Alzheimer's Day - 21st August 2016
- ∞ World Heart Day - 27th September 2016
- ∞ World Mental Health Day- 2nd week of October 2016
- ∞ World Obesity Day - 15th October 2016
- ∞ Children's day - 2nd week of November 2016
- ∞ World Diabetes Day - 21st November 2016
- ∞ Newborn Week - 2nd week of November 2016
- ∞ Imprintz - 25th November 2016
- ∞ Sports Day- 26th November 2016
- ∞ World AIDS Day -1st December 2016

Upcoming Events

International Conference - 9th-12th January 2017
National Youth Day - 12th January 2017
Annual Day - 28th January 2017
Republic Day - 26th January 2017
International Nurses' Day- 12th May 2017

Adding Pride to MCON

Pregnant women with low income face numerous challenges and social support will have a significant influence on them. Study conducted by Ms. Doney Joji Eapen, PhD, MSN, APRN, FNP-BC an alumnus of Manipal College of Nursing brought out the experience of pregnant women with low income on her PhD thesis conducted under University of Kansas, USA. Her effort in this area was well appreciated by various organizations and was awarded with Sigma Theta Tau International Award for the Phd Student of the year 2016 and Colleen P Kosiak Clinical excellence award for Advanced Practice Nurse during the University of Kansas School of Nursing recognition ceremony on May 14, 2016. She also has the Crighton award for research among vulnerable population and Dr Valmi Sousa Scholar award for innovation in nursing research by the University of Kansas on to her credit. Doney completed her Bachelors and Masters in Nursing from Manipal College of Nursing, India. She had worked as a Nurse Educator in High Institute of Nursing, Doha, Qatar from 2001 to 2005. After completing her Post Master's in Family Nurse Practitioner in 2011 from University of Kansas, she continued PhD in Nursing and successfully graduated from the program in May 2016.



Testimonial

All round development focus of MCON

Ms Ginimol Geevalan: *(The first batch BSc Nursing (1990-1994) and second batch MSc Nursing (1996 - 1998) student of CON, Manipal; working as a Staff Nurse cum Nursing Supervisor in Ministry of Defence Hospital, Kuwait)*

Curriculum and its implementation in Manipal College of Nursing gives intense tutelage in all basic subjects of nursing profession and focuses on over all development of the student as full pledged professional. The first batch accommodated 28 students who were molded to be fit for national and international professional life. Gradually the college sprouted out its wings to become a full pledged institution, today offering different courses in nursing including PhD in Nursing. The professionals of this college are efficient enough to handle all designated post in teaching and practical life. I feel it is such an esteemed institution to be in for a professional training under the Deemed University of Manipal. I am really proud to announce that I am an ex-student of CON, Manipal. I wish all the best for faculty, staff and students.

